

***ATI NUTRITION PROCTORED RETAKE EXAM 2023
NEWEST ACTUAL EXAM COMPLETE 70 QUESTIONS
WITH DETAILED VERIFIED ANSWERS (100%
CORRECT ANSWERS)***

Question 1: A nurse is teaching a client who has a goiter appropriate food choices related to dietary needs. Which of the following client statements indicates an understanding of the teaching?

- 'I will eat more tuna"
- "I will eat more red meat"
- "I will eat bananas for a snack"
- "I would eat blueberries every morning" - ANSWER-✓✓✓✓● 'I will eat more tuna"

Question2: A nurse is reviewing the laboratory findings of a client who has Clostridium difficile. Which of the following findings should indicate to the nurse that the client is experiencing fluid volume deficit?

- Potassium 3.5 mEq/L
- HCT 53%
- Sodium 145 mEq/L
- HbA1c 5% - ANSWER-✓✓✓✓● HCT 53%

Question 3: A client in the oliguric phase of acute renal failure had a urinary output of 420 ml during the preceding 24-hour period. How much fluid should the nurse plan to provide the client over the next 24 hr?

- 2,550 ml
- 1,530 ml
- 920 ml

- 2,040 ml - ANSWER-✓✓✓✓● 920 ml

Question 4: A nurse is teaching a client ways to manage anorexia while receiving radiation therapy. Which of the following instructions should the nurse include in the teaching?

- "Limit High-kilocalorie supplements to between meals."
- "Eat hot food rather than cold foods."
- "Avoid overeating during "good" days."
- "Consume nutrition-dense foods first." - ANSWER-✓✓✓✓● "Consume nutrition-dense foods first."

Question 5: A nurse is teaching a client who is receiving bolus feeding through a nasogastric tube about dumping syndrome. The nurse should instruct the client to report which of the following manifestations?

- Constipation
- Bradycardia
- Drowsiness
- Dizziness - ANSWER-✓✓✓✓● Bradycardia

Question 9: A client is receiving a thiazide diuretic for treatment of hypertension. Which of the following foods selected by the client reflects understanding of the nurses teaching regarding this medication?

- Navy beans and ham
- Baked potato
- Cheddar cheese
- Beef broth - ANSWER-✓✓✓✓● Baked potato

Question 10: A nurse is teaching about nutrition to a client who has a new diagnosis of chronic kidney disease. Which of the following recommendations should the nurse include in the teaching?

- Limit calcium intake
- Increase potassium intake
- Limit protein intake
- Increase phosphorus intake - ANSWER-✓✓✓✓● Limit protein intake

Question 11: A nurse is caring for a client who has stomatitis following radiation therapy. Which of the following interventions is appropriate for the nurse to take?

- Discourage the use of a straw.
- Offer the client frozen bananas as a snack.
- Serve the client hot meals.
- Avoid serving sauces or gravies. - ANSWER-✓✓✓✓● Offer the client frozen bananas as a snack

A nurse in a long-term care facility is developing strategies to promote increased food intake for an older adult client. Which of the following interventions should the nurse implement?

Offer sugar substitutes to increase the client's appetite.

Provide opportunities to eat three large meals per day.

Provide entertainment while the client is eating.

Offer finger foods at mealtime. - ANSWER-✓✓✓✓Offer finger foods at mealtime.

A nurse is caring for four clients. The nurse should plan to administer total parenteral nutrition for which of the following clients?

A client who is postoperative following a laminectomy and is receiving IV PCA

A client who has dysphagia and does not recognize his family

A client who has COPD and is going home with oxygen

A client who has colon cancer and will undergo a hemicolectomy - ANSWER-✓✓✓✓A client who has colon cancer and will undergo a hemicolectomy

A nurse is performing a nutritional evaluation for a client who reports paresthesia of the hands and feet. The nurse should identify this manifestation as an indication of which of the following dietary deficiencies?

Iron

Riboflavin

Vitamin C

Vitamin B12 - ANSWER-✓✓✓✓Vitamin B12

A nurse is caring for a client who reports she is having difficulty losing weight. Which of the following responses by the nurse is appropriate?

Eat small portions of the high-calorie foods first.

Set a goal and you will be able to attain it.

It is helpful to self-monitor your eating.

Taste food while cooking to help curb your appetite. - ANSWER-✓✓✓✓Eat small portions of the high-calorie foods first.

A nurse is teaching the Guardians of a school-age child about nutrition. Which of the following statements should the nurse make?

- You should have your child skip breakfast
- You should eat meals together most of the time
- You should provide your child with whole fat milk
- You should reward good behavior with food - ANSWER-✓✓✓✓• You should eat meals together most of the time

Question 13: A nurse is assessing an older adult client who has dysphagia and is experiencing dehydration. Which of the following findings should the nurse expect?

- Tachycardia
- Distended neck veins
- Decrease respiratory rate
- Hypertension - ANSWER-✓✓✓✓• Tachycardia

Question 14: A nurse is teaching a client who has a new prescription for tetracycline. Which of the following nutritional considerations should the nurse include in the teaching?

- Increase vitamin C intake while taking this medication