
NURS 6501 FINAL EXAM EXAM LATEST 2024 WITH ACTUAL
QUESTIONS AND CORRECT ANSWERS/ALREADY GRADED A+
100% GUARANTEED TO PASS CONCEPTS (ALL WHAT YOU NEED)
LATEST EDITION 2024

What is the role of the primary care provider in mental health? -

✓✓ANSWER✓✓->>>>>>>- Screen for mental health issues

- Improve outcomes and reduce health care costs
- Assess and give care to mild-moderate disorders or patients with stable severe mental disorders
- From strong links with mental health specialty care for complex cases

Sharing patient info (ex: meds used)about PHQ2

- what does it screen for, what are the questions, scoring -

✓✓ANSWER✓✓->>>>>>>- Screens for MDD

- It is the first two questions of the PHQ9

- In the last two week, have you been feeling these (not at all, several days, more than half the day, nearly everyday):
- Little interest or pleasure in doing things?
- Feeling down, depressed, or hopeless?

Scoring:

A single yes or score >3 (out of 0-6) = possible clinical depression ⇒ due the PHQ9

If the pt screens (+) ⇒ continue to eval with the PHQ9

about PHQ9

- what its used for, questions, scoring - ✓✓ANSWER✓✓-
- >>>>>>>Used for screening, diagnosing, and treating
- It asks about functioning impairments which is needed for the DSM-based diagnosis

Includes asking about suicide or hurting self

Scoring:

0-27 available

0-4: Minimal/none

Monitor; may not require treatment

5-9: Mild

Use clinical judgment; follow-up in one month

10-14: Moderate

Use clinical judgment; may need meds if functionally impaired

15-19: Moderately Severe

Warrants active treatment with psychotherapy, meds, or combo

20-27: Severe

Warrants active treatment with psychotherapy, meds, or combo

What is the appropriate initiation dose for fluoxetine for adults and geriatric adults? - ✓✓ANSWER✓✓->>>>>>>>20mg PO once daily in the AM

- May ↑ daily dose after several weeks if inadequate response
- Full therapeutic effect may be delayed 4 weeks or longer
- Max dose: 80mg/day

What labs would be appropriate to draw if you initiate fluoxetine in a geriatric patient? - ✓✓ANSWER✓✓->>>>>>>>Sodium levels

- Baseline screening & after 3-4 weeks in high-risk patients (> 65yrs, previous hx of antidepressant-induced hyponatremia, low body weight, concomitant use of thiazides or other hyponatremia-inducing agents)
- monitor regularly in the elderly

What are potential side effects of SSRI medications?

- what are the common SSRIs, LEAP of them, and zoloft AE -

✓✓ANSWER✓✓->>>>>>>Common SSRIs:

Lexapro, celexa, paxil, zoloft, prozac

L = decreased libido and sleep

E = Neutral effect on energy

A = neural effect on addiction

P = celexa may stop working after awhile (increase or switch)

Zoloft AE:

Insomnia, somnolence, fatigue, abnormal ejaculation, suicidal thoughts