

ATI RN nursing care of children Exam 2023-2024 ACTUAL EXAM AND CORRECT DETAILED ANSWERS WITH RATIONALES

Toddlers vaccines and nutrition - ✓✓ANSWER✓✓->>>>>>>shots: IPV, MMR, PCV, Varicella, Hep A, DTAP, flu

nutrition: low fat milk, 4-6 oz juice/day. 24 gauge needle for shots

Preschooler skills - ✓✓ANSWER✓✓->>>>>>>rides trike (3), throws ball, scissors to cut shapes (4), jump rope/stick figure with 7 body parts (5 yo), right from left hand (6yo), dress up, associative play

Preschool beliefs - ✓✓ANSWER✓✓->>>>>>>magical thinking, animism (inanimate objects are alive), time in relation to event ("after you eat lunch")

preschooler shots/food/activity - ✓✓ANSWER✓✓->>>>>>>>shot: DTAP, IPV, MMR, Flu

nutrition: 5 servings of fruits and veggies

activity: less than 2 hrs of screen time, >1hr PE

sleep: 12 hours w consistent bedtime routine

adolescent shots, injury - ✓✓ANSWER✓✓->>>>>>>>MCV4 booster, flu auto safety, monitor for mental health, risk for substance abuse

med admin - ✓✓ANSWER✓✓->>>>>>>>use smallest measuring device available

do not measure with teaspoon

optic/otic meds - ✓✓ANSWER✓✓->>>>>>>>drops: pull eyelid down and put med in conjunctival sac

ointment: apply from inner to outer.

drops, then ointment

otic: under three, pinna down and back

over 3, pinna up and back

meds: SQ, intraderm , IM - ✓✓ANSWER✓✓->>>>>>>>ID: 26-30 gauge,
bevel up, 15 degree angle

SQ: into fat, 90 degree angle

IM: vastus lateralis for infants and small kids

IV meds - ✓✓ANSWER✓✓->>>>>>>>EMLA 60 min before procedure
play therapy

swaddle infant before and offer sucrose before, during and after

Pain assessment - ✓✓ANSWER✓✓->>>>>>>>CRIES: under 6 months

FLACC: 2 months- 7yrs

FACES: 3+

Oucher: 3-13 (pics)

numeric: 5+

hospitalization response - ✓✓ANSWER✓✓->>>>>>>>infant: be
consistent

toddler: seperation anxiety, regression

preschool: magical thinking

school age: be factual

teen: body image issues and isolation from peers

death and dying - ✓✓ANSWER✓✓->>>>>>>>preschool: sees death as temporary

school age: fear of unknown

teen: adult-like concept of death

death/dying signs of death - ✓✓ANSWER✓✓->>>>>>>>sensation of heat with cool skin, decreased movement, Decreased LOC, Cheyne-Stokes

nurse: remove tubes, allow family to stay with body/hold child

complicated grief: extends for >1 yr after loss, affects ADLs

parenting styles - ✓✓ANSWER✓✓->>>>>>>>-authoritarian: parents control behavior thru unquestioned rules/expectations

-permissive: parent has little control, child makes decisions

-authoritative: parents set rules, but explains reasoning. Enforce consequences for breaking rules

-passive: parent uninvolved and indifferent

6-12 yo activity/sleep/shots - ✓✓ANSWER✓✓->>>>>>>>interact with peer group, cooperative play, sports

sleep: 9 hrs

shots: TDAP, HPV, meningococcal, flu

children injury prevention - ✓✓ANSWER✓✓->>>>>>>>helmets, locks on firearms, water heaters < 120 degrees, bike safety