

NURS 4010 Exam 1 2023-2024 ACTUAL EXAM AND CORRECT DETAILED ANSWERS WITH RATIONALES

Components of a health history - ✓✓ANSWER✓✓->>>>>>>demographics

chief complaint/history of present illness

past health history

family history

review of systems (growth and development)

developmental history (gross and fine motor skills)

functional history (daily routine, safety items, well child checks)

family composition

How do you determine a pulse for a child under 10 years old? - ✓✓ANSWER✓✓-

>>>>>>>auscultate apical pulse for one minute

How do you determine a resp rate for infants? - ✓✓ANSWER✓✓-
>>>>>>>auscultate breath sounds for one minute

At what age do children normally start having their BP checked? -
✓✓ANSWER✓✓->>>>>>>3 years and older, younger with risk factors

How often should you measure head circumference for children? -
✓✓ANSWER✓✓->>>>>>>at well child visits and during hospitalizations until age
3

What general rule should be followed when doing an assessment on a child? -
✓✓ANSWER✓✓->>>>>>>least invasive to most invasive

When should a genitalia/anus assessment occur for most children vs. an
adolescent? - ✓✓ANSWER✓✓->>>>>>>after the abdomen for most children
at the end of the exam for adolescents

What clothing should an infant have on during an assessment? - ✓✓ANSWER✓✓-
>>>>>>>undress but leave diaper on at first, then change when assessing
genitalia and anus

If an infant is asleep, what should you assess first? - ✓✓ANSWER✓✓-
>>>>>>>auscultate heart, lungs, and abdomen

How should you remove clothing when assessing a toddler? - ✓✓ANSWER✓✓-
>>>>>>>one at a time

Assessment strategies for infants - ✓✓ANSWER✓✓->>>>>>>incorporate caregivers

calm/soothing voice

bright toys

Assessment strategies for toddler - ✓✓ANSWER✓✓->>>>>>>explain equipment and play

use caregivers

positive reinforcement and praise

invasive parts last

Assessment strategies for preschoolers - ✓✓ANSWER✓✓->>>>>>>simple explanations for each step

allow them to help

offer choices

provide praise

Assessment strategies for school age - ✓✓ANSWER✓✓->>>>>>>allow them to wear underwear under their gown

use language they can understand

privacy

truth and simple explanations

Assessment strategies for adolescents - ✓✓ANSWER✓✓->>>>>>>privacy, consider having caregivers leave

expose only the area you are assessing

discuss physical changes that are occurring

allow them to ask questions

How long can fontanelles remain open for? - ✓✓ANSWER✓✓->>>>>>>18 months

Abnormal/normal? Drainage from ears - ✓✓ANSWER✓✓->>>>>>>abnormal

How long are infants obligate nose breathers? - ✓✓ANSWER✓✓->>>>>>>4 months

How long is abdominal breathing normal for? - ✓✓ANSWER✓✓->>>>>>>until age 6

At what age are alveoli fully developed? - ✓✓ANSWER✓✓->>>>>>>age 7

Where should you auscultate the apical pulse from ages 4-7? - ✓✓ANSWER✓✓->>>>>>>3-4th intercostal space, left midclavicular line

Where should you auscultate the apical pulse from ages 7 and older? - ✓✓ANSWER✓✓->>>>>>>5th intercostal space

Why are children more prone to electrolyte imbalances? - ✓✓ANSWER✓✓->>>>>>>easily dehydrated