

Nursing of Adults 1 Final Exam QUESTIONS AND CORRECT VERIFIED ANSWERS (DETAILED ANSWERS) ALREADY GRADED A+ 100% GUARANTEED TO PASS CONCEPTS!!

The nurse plans to complete a thorough assessment of an older patient. Which method should the nurse use to gather the most complete information?

- A) Review the patient's health record for previous assessments
- B) Ask the patient to write down medical problems and medications
- C) Interview both the patient and the primary caregiver for the patient
- D) Use a geriatric assessment instrument to evaluate the patient -
✓✓ANSWER✓✓->>>>>>>>D) Use a geriatric assessment instrument to evaluate the patient

Which intervention should the nurse implement to provide optimal care for an older patient hospitalized with pneumonia?

- A) Use standardized geriatric care plan
- B) Minimize physical activity during hospitalization
- C) consider the preadmission functional abilities
- D) Plan for transfer to a long-term care facility - ✓✓ANSWER✓✓-
>>>>>>>C) consider the preadmission functional abilities

The nurse cares for an older adult patient who lives in a rural area. Which intervention should the nurse plan to implement to best meet this patient's needs?

- A) Suggest that the patient move closer to health care providers
- B) Ensure transportation to appointments with the health care provider
- C) Obtain extra medications for the patient to last for 4 to 6 months
- D) Assess the patient for chronic diseases that are unique to rural areas - ✓✓ANSWER✓✓->>>>>>>B) Ensure transportation to appointments with the health care provider

Which nursing action will be most helpful in decreasing the risk of drug-drug interactions in an older adult

- A) Make a schedule for the patient as a reminder of when to take each medication
- B) Teach the patient to have all prescriptions filled at the same pharmacy
- C) Instruct the patient to avoid taking over the counter medications or supplements

D) Ask the patient to bring all medications, supplements, and herbs to each appointment - ✓✓ANSWER✓✓->>>>>>>D) Ask the patient to bring all medications, supplements, and herbs to each appointment

The nurse will assess an older patient who takes diuretics and has a possible urinary tract infection. Which action should the nurse take first?

A) Request the patient empty the bladder

B) Question the patient about hematuria

C) Palpate over the suprapubic area

D) Inspect for abdominal distension - ✓✓ANSWER✓✓->>>>>>>A) Request the patient empty the bladder

An older adult being admitted is assessed at high risk for falls. Which action should the nurse take first?

A) Position the patient in a geriatric recliner with locking tray

B) Ask the health care provider to order a vest restraint

C) Use a bed alarm system on the patient's bed

D) Administer the prescribed PRN sedative medication -

✓✓ANSWER✓✓->>>>>>>C) Use a bed alarm system on the patient's bed

The nurse manages the care of older adults in an adult health day care center. Which action can the nurse delegate to unlicensed assistive personnel (UAP)?

- a. Obtain information about food and medication allergies from patients.
- b. Take blood pressures daily and document in individual patient records.
- c. Choose social activities based on the individual patient needs and desires.
- d. Teach family members how to cope with patients who are cognitively impaired. - ✓✓ANSWER✓✓->>>>>>>b. Take blood pressures daily and document in individual patient records.

A patient who uses a fentanyl (Duragesic) patch for chronic abdominal pain caused by ovarian cancer asks the nurse to administer the prescribed hydrocodone tablets, but the patient is asleep when the nurse returns with the medication. Which action is best for the nurse to take?

- a. Wake the patient and administer the hydrocodone.
- b. Wait until the patient wakes up and reassess the pain.
- c. Suggest the use of nondrug therapies for pain relief instead of additional opioids.
- d. Consult with the health care provider about changing the fentanyl (Duragesic) dose. - ✓✓ANSWER✓✓->>>>>>>a. Wake the patient and administer the hydrocodone.

A patient who has just started taking sustained-release morphine sulfate (MS Contin) for chronic arthritic joint pain after a traumatic