

NURSING HEALTH
ASSESSMENT A
BEST PRACTICE
APPROACH 1ST
EDITION BY JENSEN -
TEST BANK-
CHAPTER 07:
NURSING VALUES
AND ETHICS

The patient states that she needs to exercise regularly, watch her weight, and reduce her fat intake. What does this demonstrate about the patient?

- a. She believes she will have a heart attack.
- b. She values health promotion activities.
- c. She believes she will not become sick.
- d. She has unrealistic expectations for herself. - ✓✓ANSWER✓✓b. She values health promotion activities.

A value is a strong personal belief. It is an ideal that a person or group (such as nurses) strives to uphold. An individual's values reflect cultural, social influences, and personal needs.

Which of the following assists in protecting the patient's right to autonomy?

- a. Answerability
- b. Informed consent
- c. Constrained moral agency
- d. Maleficence - ✓✓ANSWER✓✓b. Informed consent

The goal of informed consent is to protect the patient's right to autonomy.

A secondary schoolteacher with advanced multiple sclerosis teaches from her wheelchair but insists on being treated the same as other colleagues. Which of the following is the teacher demonstrating?

- a. Preserving dignity
- b. Choosing from alternatives

c. Considering all consequences

d. Acting with a pattern of consistency - ✓✓ANSWER✓✓a. Preserving dignity

The teacher's choice is preserving dignity, which is a value included in the Canadian Nurses Association (CNA) Code of Ethics. She cherishes her choice of

being treated like everyone else despite her medical condition and publicly affirms the choice by teaching from her wheelchair and insisting that she be

treated the same as her colleagues.

In which of the following instances does the nurse recognize that interventions for values clarification are beneficial for the patient?

a. The patient and nurse have different beliefs.

b. The patient is experiencing a values conflict.

c. The nurse is unsure of the patient's values.

d. The patient has rejected normal values. - ✓✓ANSWER✓✓b. The patient is experiencing a values conflict.

Values clarification is the process of appraising one's own personal values. It is not a set of rules; nor does it suggest that certain values should be accepted by all people.

A nurse is working with a patient to try to clarify the patient's values in relation to his care. Which of the following is an example of

the type of response that the nurse should use in such a situation?

a. "Your questions were pretty blunt."

b. "Tell me what you are thinking about."

c. "I've felt that way before; I'd be upset, too."

d. "You seem concerned about your tests. Let me explain them." - ✓✓ANSWER✓✓b. "Tell me what you are thinking about."

Values clarification is the process of appraising one's own personal values. It involves self-reflection that leads to greater self-awareness and personal insight.

Which one of the following is an example of ethical responsibility?

- a. Delivery of competent care
- b. Formation of interpersonal relationships
- c. Application of the nursing process
- d. Evaluation of new computerized technologies - ✓✓ANSWER✓✓a. Delivery of competent care

Providing competent care is one of the values in the CNA Code of Ethics that nurses have to uphold.

A student nurse realizes that she has administered the wrong dose of medication to a patient and immediately informs her clinical

instructor of this error. How is this student nurse best described as a professional?

- a. Confident
- b. Trustworthy
- c. Compliant
- d. Accountable - ✓✓ANSWER✓✓d. Accountable

Accountability refers to the ability to answer for one's own actions. The goal is the prevention of injury to the patient. The student nurse who informs her

instructor of her error is holding herself accountable for her action and aims to avoid causing any injury to the patient. Accountability is one of the seven values

of the CNA Code of Ethics central to nursing practice.

A patient has just been informed by her physician that she has cancer. The patient says that she is not ready to discuss this with her family. The nurse encourages the patient to consider sharing the information with her family so that the family can support her