## NURSING HEALTH ENDOCRINE SYSTEM CASE STUDY \_ Endocrine System Study Guide

Adrenal gland - \( \sqrt{ANSWER} \sqrt{\sqrt{either of}} \)
a pair of complex endocrine glands
situated near the kidney. Triggers the
body's response to an emergency
situation known as the "flight or fight"
reaction in the nervous system.

diabetes - \( \shi \) ANSWER \( \shi \) A medical condition that can cause the body to require the endocrine system to have negative feedback. This condition is marked by excessive urination and persistent thirst

Endocrine system - \langle ANSWER \langle \langle The system of glands that produce endocrine secretions that help to control bodily metabolic activity, and the organs that have major functions outside the system: pancreas, gonads, hypothalamus.

Glucose - ✓ ✓ ANSWER ✓ ✓ The body's blood sugar; a simple form of carbohydrate

Homeostasis - \langle ANSWER \langle The body's ablility to maintained balance in the nervous system to offset disrupting changes from the environment.

(EXAMPLE: body temperature stays 98.6 when you walk outside and its 32 degrees)

Insulin - \( \sqrt{ANSWER} \sqrt{hormone} \)
secreted by the pancreas; lowers blood glucose levels.

Melatonin - \( \sqrt{ANSWER} \sqrt{A} \) A hormone secreted by the pineal gland; regulates sleep/ wake cycles.

Pancreas - ✓ ✓ ANSWER ✓ ✓ a large elongated exocrine gland located behind the stomach. It releases insulin and glucagon to break down food for energy.

Parathyroid gland - \langle ANSWER \langle Any one of four endocrine glands situated above or within the thyroid gland