

TEST BANK FOR HESI OB Maternity Version 1 (V1) Verified Questions And Answers 2023 Guaranteed A+

Normal reaction from first time mom - Correct answer-tentatively touch baby's profile first then willing to pull baby close

What's the FIRST thing to do when mom has the baby with just you in the room? and then what? - Correct answer-FIRST push the call light then warm,dry stimulate

Folate sources - Correct answer-dried roast peanuts NOT strawberries

If a mom scheduled for a C-section tells "I ate a big breakfast and had OJ", what do you do? - Correct answer-TELL the anesthesiologist; she is at risk for aspiration

Spinal anesthesia causes a headache so what do you to help it... - Correct answer-blood patch

what's the main s/e of epidural? - Correct answer-HTN

pt has s/sx of UTI, what should you do? - Correct answer-you would want to do a urine culture

What is the most important teaching for pregnant teens? - Correct answer-good nutrition

Urinary frequency within 24 hours PP - Correct answer-Check the amount of the next void & palpate the bladder

Why do you not give solid foods during labor? - Correct answer-prevent aspiration; also give antacids before CS

A worried new father says his wife is crying a lot and he is concerned.. what do you tell him? - Correct answer-Baby blues are normal, he needs to bring her in if it gets severe or persists for two weeks

Review this bc the answer choices are tricky!!

Not just be there with her.. WATCH her and symptoms

Pain whenever the baby moves, uterine tenderness upon palpation, and a fever - Correct answer-Chorioamnionitis

Temperature of 100.4 < - Correct answer-report b/c infection

Mom says she has a newborn baby and he is already learning to walk.. - Correct answer-Stepping reflex is normal in newborn babies

3 months pregnant, thin watery secretions - Correct answer-normal lochia

Herbal remedy for nausea in pregnancy - Correct answer-Ginger NOT peppermint

Caput v. cephalohematoma (know differences) - Correct answer-Caput: Crosses lines, squishy

Cephalohematoma: Watch for hyperbilirubinemia, jaundice

Rubella vaccine - Correct answer-- Not for pregnant women bc live attenuated virus
- If you are child-bearing age and get the vaccine - make sure they are using a reliable birth control for at least a month afterwards or you have to worry about rubella congenital syndrome

Best birth control for a breastfeeding mom - Correct answer-NOT the combined pill bc of the estrogen

Answer: condom with spermicide gel
Nothing with hormones in it

NOT TRUE: she does not need birth control bc she is breastfeeding

How determine estimated delivery date? - Correct answer-subtract 3 months from LMP then add seven days and change the year if needed

What do you want to watch for in small infants or post mature? - Correct answer-watch hypoglycemia

Small infant: don't have fat pads yet
Post mature: already used up the fat pads

Supine hypotension - Correct answer-- Anytime she has a hypotensive blood pressure: first thing you want to look for is putting a wedge under the hip or turning her on the stretcher

Bc the baby is pushing on the vena cava
- Preferred method: wedge

When do you give Rhogam and why? - Correct answer-28 weeks and postpartum
You give bc you want to prevent antibodies from forming against the Rh+ baby

Mom was in a car accident and it is a trauma situation..what are you worried about? - Correct answer-Rh status of the mom and baby

Iron supplementation - Correct answer-A/E: constipation, diarrhea, gastric irritation, n/v

Nursing implications:

- Best absorbed on an empty stomach and to be taken with Vit C source (OJ) to increase absorption.
- Should not be taken w/ cereal, eggs or milk (decreases absorption)
- Should be taken in the evening if problem exists w/ morning sickness
- Stools will turn dark green to black (means they're getting the iron- if normal stools, not enough iron)
- Lab values should be checked for increased reticulocytes and rising Hgb and Hct

Mastitis patient teaching - Correct answer-breast feeding is okay unless contraindicated b/c the abx they're on

Contraction stress test is considered positive when the baby has late decelerations - Correct answer-you need to tell the HCP is happening

If the uterus is firm but there is a constant trickle of blood, what could this indicate? - Correct answer-cervical laceration or superficial tear somewhere

What do you need to know before getting an order for an epidural? - Correct answer-what stage of labor she is in...you would want it to be in the active phase

Risk for psychosocial distress - Correct answer-Immigrant that just moved with her husband, first baby, new country

What equipment do you need to have for a cervical check? - Correct answer-Gloves, lubricant
You do NOT need a specula

Magnesium sulfate - Correct answer-- Calcium gluconate opposes so keep it at bedside
- Floppy baby their reflexes are decreased - If you are about to give your next dose of magnesium sulfate and her RR is 7 or urine output less than 25 mL a hr, or DTRs are absent or diminished DO NOT GIVE
- It is normal for mom to have a warm flushed feeling with magnesium sulfate

Magnesium sulfate indication - Correct answer-- CNS depressant administered to a preeclamptic patient to prevent seizures
- may be used as a tocolytic to stop preterm labor contractions

Woman with gestational diabetes, she wants to fast for holiday - Correct answer-- Work with her HCP to modify her insulin regimen
- Anytime there is a religious question, do whatever you can to protect their beliefs and preferences

Terbutaline indication - Correct answer-

Terbutaline adverse reaction - Correct answer-

Terbutaline nursing implications - Correct answer-• Administer IV.

- Increase infusion rate every 15 minutes, depending on uterine response and maternal side effects.
- Obtain maternal electrocardiogram (ECG) and lab values prior to beginning infusion.
- Place mother on bedside cardiac monitor.
- Monitor fetus continuously.
- Monitor vital signs every 15 min.
- Maternal pulse should not exceed 140 bpm.
- FHR should not exceed 180 bpm.
- I&O; weigh daily.
- Prepare woman for side effects.
- Notify health care provider of:
 - High pulse, FHR changes, abnormal lab values
 - Signs of heart failure: dyspnea, jugular vein distention, dry cough, rales in lung bases
 - Have antidote available (e.g., a beta- blocking agent such as propranolol [Inderal]).

Nifedipine (Procardia) indications - Correct answer-

Nifedipine (Procardia) adverse reactions - Correct answer-

Nifedipine (Procardia) nursing implications - Correct answer-• Check BP for hypotension immediately before giving medication.

- Avoid use with magnesium sulfate; can cause severe hypotension.
- Rise slowly from lying to sitting position, then dangle feet at side of bed.
- Do not use sublingual route of administration.

Indomethacin (Indocin) indications - Correct answer-

Indomethacin (Indocin) adverse reactions - Correct answer-

Indomethacin (Indocin) nursing implications - Correct answer-• Administer for 48 hours or less.

- Do not use for women with bleeding potential (coagulopathy, thrombocytopenia), NSAID-sensitive asthma, peptic ulcer disease, significant renal or hepatic impairment, oligohydramnios.
- Determine amniotic fluid volume and function of fetal ductus arteriosus before initiating therapy and within 48 hours of discontinuing therapy; assessment is critical if therapy continues for more than 48 hours.
- Administer with food or use rectal route to decrease GI distress.
- Monitor for signs of postpartum hemorrhage.