

## HESI HEALTH ASSESSMENT LATEST 2024/2025 ACTUAL EXAM ALL QUESTIONS AND CORRECT DETAILED ANSWERS WITH RATIONALES (VERIFIED ANSWERS) | ALREADY GRADED A+

For a client admitted with metabolic acidosis, which two body systems would the nurse assess for compensatory changes?

- A. Skeletal and nervous
- B. Circulatory and urinary
- C. Respiratory and urinary
- D. Muscular and endocrine - ANSWER-C. Respiratory and urinary

Kidney and lungs

When providing care for a client with diarrhea, in which clinical indicator would the nurse anticipate a decrease?

- A. Pulse rate
- B. Tissue turgor
- C. Specific gravity
- D. Body temperature - ANSWER-B. Tissue turgor

Dehydration

The nurse notes a client has dependent edema around the area of the feet and ankles. To characterize the severity of the edema, the nurse presses the medial malleolus area, noting an 8-mm depression after release. In which way would the nurse document the edema?

- A. 1+

- B. 2+
- C. 3+
- D. 4+ - ANSWER-D. 4+

Dependent edema around the area of feet and ankles often indicates right sided heart failure or venous insufficiency.

1+ = 2mm

2+ = 4mm

3+ = 6mm

4+ = 8mm

Which Korotkoff sound represents the diastolic pressure for children?

- A. First
- B. Second
- C. Fourth
- D. Fifth - ANSWER-C. Fourth

For a client suspected of having a prostate disorder, which client position would facilitate a rectal examination by the registered nurse?

- A. Left lateral recumbent position
- B. Prone position
- C. Dorsal recumbent position
- D. Lateral recumbent position - ANSWER-A. Left lateral recumbent position

While assessing a client with dehydration, the nurse notices diminished skin elasticity. Which portion of the nurse's hand would the nurse use to perform this assessment?

- A. Fingertips,
- B. Pads of fingertips

- C. Ulnar surface of hand
- D. Palmer surface of finger pads - ANSWER-A. Fingertips,

A client with a family history of diabetes has been following a diet regimen recommended by the dietician and walking for 45 minutes daily for the past 8 months. Based on the transtheoretical model of health behavior change, which stage would the nurse document for this client?

- A. Action
- B. Preparation
- C. Maintenance
- D. Contemplation - ANSWER-C. Maintenance

Maintenance = 6 mos after action

A client reports right ear hearing loss. When performing a Weber test with a tuning fork, the client hears the sound better with the right ear. Which condition would the nurse suspect from these results?

- A. Normal hearing
- B. Mixed hearing loss
- C. Conduction hearing loss
- D. Sensorineural hearing loss - ANSWER-C. Conduction hearing loss

In conduction hearing loss, the client can hear the tuning fork better on the impaired ear. Sensorineural, you hear better with the normal ear. Mixed is both ^^

When an African American client with renal failure reports the illness is punishment for sins, which cultural health belief is the client communicating?

- A. Yin/Yang balance
- B. Biomedical belief
- C. Determinism belief
- D. Magicoreligious belief - ANSWER-D. Magicoreligious belief

While assessing the eyes of a client, a health care provider notices there is an obstruction to the outflow of aqueous humor. Which additional finding would support a diagnosis of glaucoma?

- A. Blurred central vision
- B. Increased opacity of the lens
- C. Elevated intraocular pressure
- D. Changes in retinal blood vessels - **ANSWER-C.** Elevated intraocular pressure

The nurse providing care for a client who underwent cardiac catheterization, found the client's skin was cool, tender to touch, with edema of 15.2 cm (1-6 inches) at the site of catheterization. Which condition would the nurse suspect?

- A. Phlebitis
- B. Infection
- C. Infiltration
- D. Circulatory overload - **ANSWER-C.** Infiltration

After performing an optical assessment on a client, a primary health care provider notices impaired near vision. Which other finding would confirm the client's diagnosis as presbyopia?

- A. Loss of elasticity of the lens
- B. Increased opacity of the lens.
- C. Elevated intraocular pressure
- D. Noninflammatory changes in eyes - **ANSWER-A.** Loss of elasticity of the lens

Presbyopia is defined as impaired near vision caused by a loss of elasticity of the lens. This condition is reported in middle-aged and older adults.

Which skin condition would the nurse associate with a client whose skin pathophysiology involves increased visibility of oxyhemoglobin caused by an increased blood flow due to capillary dilation?

- A. Pallor