HESI HEALTH ASSESSMENT LATEST 2024/2025 ACTUAL EXAM ALL QUESTIONS AND CORRECT DETAILED ANSWERS WITH RATIONALES (VERIFIED ANSWERS) | ALREADY GRADED A+

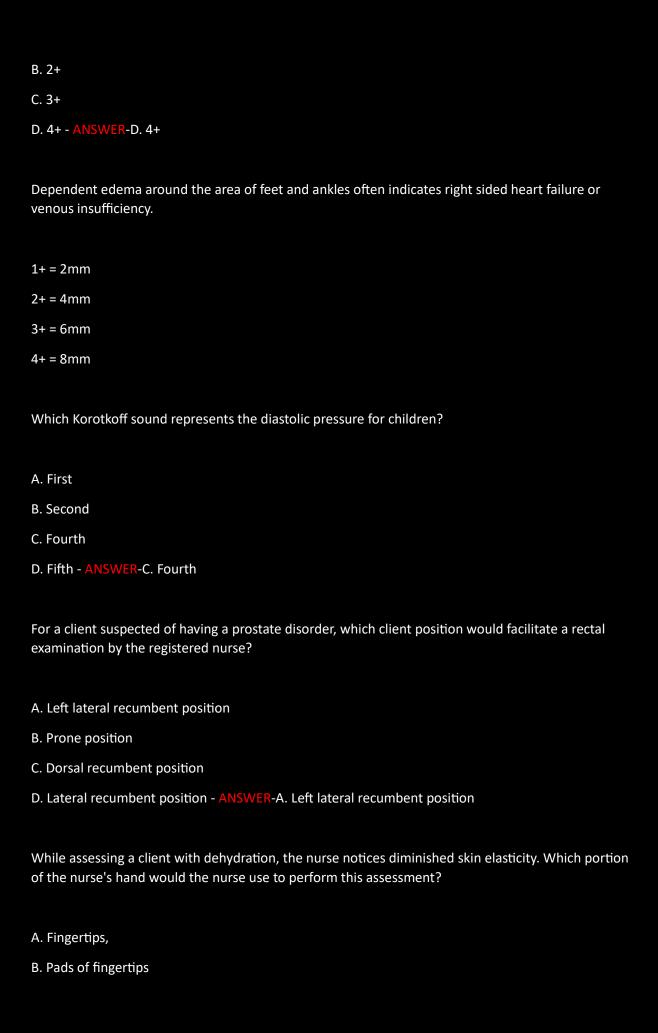
For a client admitted with metabolic acidosis, which two body systems would the nurse assess for compensatory changes?
A. Skeletal and nervous
B. Circulatory and urinary
C. Respiratory and urinary
D. Muscular and endocrine - ANSWER-C. Respiratory and urinary
Kidney and lungs
When providing care for a client with diarrhea, in which clinical indicator would the nurse anticipate a decrease?
A. Pulse rate
B. Tissue turgor
C. Specific gravity
D. Body temperature - ANSWER-B. Tissue turgor
Dehydration

The nurse notes a client has dependent edema around the area of the feet and ankles. To

depression after release. In which way would the nurse document the edema?

characterize the severity of the edema, the nurse presses the medial malleolus area, noting an 8-mm

A. 1+



- C. Ulnar surface of hand
- D. Palmer surface of finger pds ANSWER-A. Fingertips,

A client with a family history of diabetes has been following a diet regimen recommended by the dietician and walking for 45 minutes daily for the past 8 months. Based on the transtheoretical model of health behavior change, which stage would the nurse document for this client?

- A. Action
- B. Preparation
- C. Maintenance
- D. Contemplation ANSWER-C. Maintenance

Maintenance = 6 mos after action

A client reports right ear hearing loss. When performing a Weber test with a tuning fork, the client hears the sound better with the right ear. Which condition would the nurse suspect from these results?

- A. Normal hearing
- B. Mixed hearing loss
- C. Conduction hearing loss
- D. Sensorineural hearing loss ANSWER-C. Conduction hearing loss

In conduction hearing loss, the client can hear the tuning fork better on the impaired ear. Sensorineural, you hear better with the normal ear. Mixed is both ^^

When an African American client with renal failure reports the illness is punishment for sins, which cultural health belief is the client communicating?

- A. Yin/Yang balance
- B. Biomedical belief
- C. Determinism belief
- D. Magicoreligious belief ANSWER-D. Magicoreligious belief

While assessing the eyes of a client, a health care provider notices there is an obstruction to the outflow of aqueous humor. Which additional finding would support a diagnosis of glaucoma?

- A. Blurred central vision
- B. Increased opacity of the lens
- C. Elevated intraocular pressure
- D. Changes in retinal blood vessels ANSWER-C. Elevated intraocular pressure

The nurse providing care for a client who underwent cardiac catherization, found the client's skin was cool, tender to touch, with edema of 15.2 cm (1-6 inches) at the site of catheterization. Which condition would the nurse suspect?

- A. Phlebitis
- B. Infection
- C. Infiltration
- D. Circulatory overload ANSWER-C. Infiltration

After performing an optical assessment on a client, a primary health care provider notices impaired near vision. Which other finding would confirm the client's diagnosis as presbyopia?

- A. Loss of elasticity of the lens
- B. Increased opacity of the lens.
- C. Elevated intraocular pressure
- D. Noninflammatory changes in eyes ANSWER-A. Loss of elasticity of the lens

Presbyopia is defined as impaired near vision caused by a loss of elasticity of the lens. This condition is reported in middle-aged and older adults.

Which skin condition would the nurse associate with a client whose skin pathophysiology involves increased visibility of oxyhemoglobin caused by an increased blood flow due to capillary dilation?

A. Pallor