

**Milestone HESI Retake ACTUAL
EXAM 3 LATEST VERSIONS (V1, V2
AND V3) EACH VERSION
CONTAINS 230 QUESTIONS AND
CORRECT DETAILED ANSWERS
(VERIFIED ANSWERS) |ALREADY
GRADED A+**

Abdominal Assessment - ✓✓✓ ANSWER-✓✓✓ Inspect,
auscultate, percuss, palpate. Feel for lumps, masses or tenderness

Tertiary - ✓✓✓ ANSWER-✓✓✓ begins after illness is diagnosed
and treatment. Aims to prevent long-term consequences of chronic
illnesses or disabilities

Therapeutic & Modified Dietary Orders - Types & What is included? -

✓ ✓ ✓ ANSWER- ✓ ✓ ✓ Therapeutic- consistent carbohydrate,
Modified- clear liquid, pureed, mechanically altered

Tuberculosis Pharmacological Treatment - Nursing Considerations

Isoniazid - ✓ ✓ ✓ ANSWER- ✓ ✓ ✓ TB prevention

Isoniazid- assess liver function weekly and Stevens Johnson syndrome,
toxic epidermal necrosis, mental status

Don't skip dose. Keep scheduled appts.

Report weakness, fatigue, loss of appetite

Urinary System Assessment - Indwelling Catheter Assessment & Care -

✓ ✓ ✓ ANSWER- ✓ ✓ ✓ sterile technique while collecting
speciment

Retract skin to expose glans (men)/seperate the labia

clean the area of meatus with soap and water

pt void about 30 mL into the toilet and pt void the remaining 10 mL into
the sterile container

return foreskin to normal position

When should BP be taken? - ✓ ✓ ✓ ANSWER- ✓ ✓ ✓ after patient
rests for 5 minutues or 30 minutes after caffeine, smoking

Wound Documentation - ✓✓✓ ANSWER-✓✓✓ Amount and color of drainage on old dressing

Length, width, diameter, and depth of wound

Sinus tracts and their length

Color of wound

Appearance of surrounding skin

Type of dressing applied

Wounds and Pressure Injuries - Types by Definition

Open - ✓✓✓ ANSWER-✓✓✓ An open wound occurs from intentional or unintentional trauma. Skin surface is broken, Examples include incisions and abrasions.

Abdominal Assessment - ✓✓✓ ANSWER-✓✓✓ Inspect, palpate, auscultate. Nurse assess lumps, masses or tenderness

Abnormal lung sounds: Crackles - ✓✓✓ ANSWER-
✓✓✓ coarse(low pitch, wet sound)

fine (high pitch, doesnt clear w/cough, crackling of fire sound)

CONDITION:RESPIRATORY EDEMA/OBSTRUCTIVE DISEASE

Abnormal lung sounds: Pleural Friction Rub - ✓ ✓ ✓ ANSWER-
✓ ✓ ✓ Pleural friction rub (low pitch, harsh grating sound)

Abnormal lung sounds: Rhonchi - ✓ ✓ ✓ ANSWER- ✓ ✓ ✓ low-
heard mainly in expiration when pt is breathing out (made up of one
sound- whistle or whine and high pitch, musical instrument sound
MULTIPLE sounds- mainly heard in expiration CONDITION: PNEUMONIA

abnormal lung sounds: stridor - ✓ ✓ ✓ ANSWER- ✓ ✓ ✓ airway
obstruction, high pitch whispering or gas (CROUP, EMERGENCY,
EPIGLOTTIS)

Acid Base Balance - Arterial Blood Gas Examples - ✓ ✓ ✓ ANSWER-
✓ ✓ ✓ determines pressure exerted by O₂ and CO₂ in blood and
blood pH.

Blood pH- 7.35-7.45

PCO₂: 35-45,

PO₂: 80-100 mmHg,

HCO₃- 22-26

Acute wounds - ✓ ✓ ✓ ANSWER- ✓ ✓ ✓ such as surgical incisions,
usually heal within days to weeks. Acute wounds usually progress
through the healing process without interruption.