

ATI COMPREHENSIVE NCLEX-PN
MENTAL HEALTH NURSING EXAM (
VERSION 1)70 QUESTIONS AND
VERIFIED ANSWERS QUESTIONS AND
CORRECT DETAILED
ANSWERS | ALREADY GRADED A+

defense mechanism: denial - ✓✓ANSWER✓✓-attempt to escape unpleasant realities

defense mechanism: projection - ✓✓ANSWER✓✓-unconscious rejection of emotionally unacceptable features and attributing them to others. (immature)

Erickson Young Adult - ✓✓ANSWER✓✓-20-35yr

intimacy vs isolation

ability to deeply love deeply and commit oneself in relationships vs remaining uncommitted and alone

Erickson Middle Adult - ✓✓ANSWER✓✓-35-65yr

generativity vs stagnation

ability to give and care for others vs self-absorption and inability to grow as a person

Erickson Adolescence - ✓✓ANSWER✓✓-12-20yr

identity vs role confusion

a sense of self vs becoming confused with self

termination phase - ✓✓ANSWER✓✓-this is the final phase of the nurse-client relationship

- summarize goals achieved
- discuss new coping strategies
- review situations
- exchange memories

Erickson Older Adult - ✓✓ANSWER✓✓-65yr +

integrity vs despair

sense of accomplishment in life vs feeling dissatisfied with life

Nursing Process - ✓✓ANSWER✓✓-assessment, diagnosis, outcome identification, planning, implementation, evaluation

mild anxiety - ✓✓ANSWER✓✓-occurs in normal experience of everyday life and promotes a sharp focus of reality

moderate anxiety - ✓✓ANSWER✓✓-narrows the perceptual field and some details become excluded

severe anxiety - ✓✓ANSWER✓✓-severely narrows the perceptual field and the right amount of focus on detail is lost

panic (anxiety) - ✓✓ANSWER✓✓-extreme level of anxiety, leaves a person unable to process the environment

orientation phase - ✓✓ANSWER✓✓-this phase can last for a few meetings or longer

-nurse's role is established

-mutually agreed-upon goals are established

working phase - ✓✓ANSWER✓✓-this allows for a strong working relationship

-share info and gather data

-promote client problem solving skills

-evaluate problems and goals

defense mechanism: regression - ✓✓ANSWER✓✓-reverting to an earlier developmental level

defense mechanism: sublimation - ✓✓ANSWER✓✓-directing unacceptable behaviors into a socially acceptable area

Intellectual Developmental Disorder (IDD) - ✓✓ANSWER✓✓-deficits in intellectual functioning, social functioning and managing ADLs. mild-severe

**add visual cues with verbal communication

**one-step instructions

attention-defecit disorder (ADD)