

ATI MENTAL HEALTH PREP EXAM (
VERSION 1)70 QUESTIONS AND
VERIFIED ANSWERS QUESTIONS
AND CORRECT DETAILED
ANSWERS|ALREADY GRADED A+

Defense mechanisms

Reaction formation:

Undoing:

Rationalization:

Dissociation:

Denial:

Compensation: - ANSWER-Reaction formation (demonstrating opposite behavior, I love exams)

Undoing (bring home flowers)

Rationalization (excuse for bad behavior)

Dissociation (forgetting who you are during a sexual assault)

Denial (pretending truth is not reality)

Compensation (emphasizing strengths to make up for weaknesses)

**Primary vs Secondary vs Tertiary Prevention - ANSWER-Primary:
Prevention**

Secondary: early detection and screening

Tertiary: rehabilitation, preventing complications in patients that have already been diagnosed.

Altruism

Sublimation

Repression

Regression

Displacement - ANSWER-Altruism: dealing with stress by helping others

Sublimation: substitute negative impulses into acceptable forms of expression

Repression: unconscious denial of unpleasant thoughts

Regression: regression reverting back to childlike behaviors

Displacement: redirecting feelings about a person or situation towards a less threatening object or person

Therapeutic communication in Older Adults - ANSWER-Minimize distractions, face the patient, use a lower pitch of voice, begin interview by asking patient to identify needs and concerns, limit number of items in the questionnaire, allow plenty of time

Therapeutic Communication Wrong and right ways - ANSWER-Wrong:

**asking "why", offering your opinion,
giving false reassurance**

Right: Asking open ended questions

Communication Techniques:

Restating, Reflecting, Paraphrasing, Exploring, general leads, presenting reality, offering self - ANSWER-Restating: repeat words back

Reflecting: return focus back to patient

Paraphrasing: restate PT feeling to confirm understating

Exploring: gathering more information

general leads: allow PT to guide discussion

presenting reality: communicate what is actually happening.

offering self: limited self-disclosure by nurse

Communication

Intrapersonal

Interpersonal - ANSWER-Intrapersonal: self talk

Interpersonal: 1-on-1 communication

Torts

Unintentional

Intentional - ANSWER-Unintentional: Negligence(forget or malpractice)

Intentional: Assault and Battery

LOC

Alert

Lethargic

Obtunded

Stuporous

Comatose w/posturing - ANSWER-Alert: responsive

Lethargic: can open eyes and respond

Obtunded: responds to light shaking/confused

Stuporous: barely responds to painful stimulus

Comatose w/posturing: unresponsive;

Decorticate: arms and legs flexed and turned internally

Decerebrate: head arched back and arms and legs extended

Patient Rights - ANSWER-right to refuse treatment, Patient health information kept private; Nurses are Mandatory Reporters.