

**ATI PN Fundamentals Proctored UPDATES**  
**EXAM ( VERSION 1 )70 QUESTIONS AND**  
**VERIFIED ANSWERS QUESTIONS AND**  
**CORRECT DETAILED ANSWERS |ALREADY**  
**GRADED A+**

Advance directives - ANSWER-Legal documents that allow individuals to make decisions about their medical care in advance

Breast self-examination - ANSWER-A technique for checking the breasts for lumps or other abnormalities

Estrogen levels - ANSWER-The amount of estrogen hormone present in the body

BMI - ANSWER-Body Mass Index, a measure of body fat based on height and weight

Calorie intake - ANSWER-The amount of calories consumed in a day

Abdominal girth - ANSWER-The measurement around the waist at the level of the navel

Blood pressure - ANSWER-The force of blood against the walls of the arteries

Peak flow meter - ANSWER-A handheld device used to measure how well air moves out of the lungs

Client's knowledge - ANSWER-The understanding a client has about the use of a peak flow meter

Video demonstration - ANSWER-A visual presentation showing how to use a peak flow meter

Observation - ANSWER-The act of watching a client use a peak flow meter to ensure proper technique

Importance of daily use - ANSWER-The significance of using a peak flow meter every day as prescribed

Oral care - ANSWER-The practice of cleaning and maintaining the mouth and teeth

Dentures - ANSWER-Artificial teeth and gums that replace missing natural teeth

Mouth sores - ANSWER-Painful ulcers or lesions in the mouth

Denture care - ANSWER-The proper cleaning and maintenance of dentures

Denture soaking - ANSWER-The process of placing dentures in a liquid solution for cleaning and disinfection

Denture adhesive - ANSWER-A substance used to hold dentures in place

Sleeping with dentures - ANSWER-Wearing dentures while sleeping at night

Denture rinsing - ANSWER-The act of cleaning dentures with water after meals

Fecal occult blood test - ANSWER-A test that checks for hidden blood in the stool

False positive result - ANSWER-A test result that indicates a condition is present when it is not

Venous stasis ulcer - ANSWER-A non-healing wound on the leg caused by poor blood flow

Iron supplement - ANSWER-A medication or dietary supplement that contains iron

Peripheral hematomas - ANSWER-Bruises or collections of blood outside of blood vessels

Barium swallow study - ANSWER-A test that uses a contrast material to visualize the esophagus and stomach

Ampule - ANSWER-A small, sealed glass container that holds a single dose of medication

Inject air - ANSWER-To introduce a small amount of air into the ampule before drawing medication

Diluent - ANSWER-A liquid used to dissolve or dilute a medication

Cleansing the tip - ANSWER-Wiping the top of the ampule with an alcohol swab to ensure cleanliness

Filter needle - ANSWER-A needle with a filter attached to remove particles from medication