

ATI RN CONCEPT BASED ASSESSMENT LEVEL 1 STUDY GUIDE AND PRACTICE EXAM 2024/2025 | ACCURATE REAL EXAM QUESTIONS WITH VERIFIED ANSWERS | EXPERT VERIFIED FOR A GUARANTEED PASS | LATEST UPDATE

A nurse is caring for a client who is 2 days postoperative following an above-the-knee amputation. The client states he is experiencing a dull, burning pain in the leg that was amputated. Which of the following actions should the nurse take to treat the client's neuropathic pain? - ✓✓ANSW✓✓..Administer a beta-blocking medication to the client. (The nurse should administer a beta-blocking medication to the client. This classification of medication has been shown to relieve the phantom limb pain manifestations of constant dull and burning type pain.)

A newly licensed nurse asks a charge nurse where to find information about scope of practice for registered nurses. Which of the following responses should the charge nurse make? - ✓✓ANSW✓✓.."The state board of nursing can provide this information" (each state develops a nurse practice act, which defines scope of practice for nurses in that state. This practice act is available on the board of nursing website for each state.)

A nurse is planning care to prevent a catheter-related bloodstream infection for a client who is receiving IV fluid therapy. Which of the following interventions should the nurse include in the plan? - ✓✓ANSW✓✓..Perform hand hygiene before touching the IV tubing. (The nurse should perform thorough hand hygiene before touching any part of the infusion system or the client to reduce the risk of catheter-related blood stream infections.)

A nurse is creating a plan of care for a client who is non-ambulatory and has bladder and bowel incontinence. Which of the following interventions should the nurse include to prevent skin breakdown? - ✓✓ANSW✓✓..Offer the client a glass of water every two hour when repositioning. (The nurse should offer the client a glass of water every two hours on the clients repositioning schedule. This helps prevent dehydration, which increases the risk of skin breakdown.)

A nurse is planning the menu for a client who practices Seventh-Day Adventism. Which of the following food selections should the nurse make? - ✓✓ANSW✓✓..Scrambled eggs

(The nurse should select scrambled eggs in the client's dietary meal plan for a client who practices Seventh-Day Adventism. Most clients who practice Seventh-Day Adventism are lacto-ovo vegetarians who consume vegetable, eggs, and dairy, but not meat. Clients who practice this religion also do not consume caffeine or alcohol.)

A nurse is documenting an assessment in a client's electronic health record when an assistive personnel asks to enter the morning blood glucose for the client. Which of the following actions should the nurse take? - ✓✓ANSW✓✓..Request that the AP use another computer to enter the data.

(The nurse should request that the AP go to another computer that is not in use to enter the morning blood glucose for the client. This is time-sensitive data that needs to be entered in the computer as soon as possible.)

A nurse is developing a plan of care for a client who has urinary incontinence. Which of the following actions should the nurse include? - ✓✓ANSW✓✓..Apply a moisture barrier cream to the client's skin.

(The nurse should apply a moisture barrier cream to protect the client's skin from urine. Urine is acidic and can lead to maceration of the skin.)

A nurse is preparing to collect a stool specimen from a client who has had diarrhea for three days, with fever and abdominal cramping. When reviewing the client's recent medication administration record, the nurse should recognize that treatment with which of the following medications increases the client's risk of developing a *Clostridium difficile* infection? - ✓✓ANSW✓✓..Ciprofloxacin

(Recently, a virulent strain of *C. difficile*, a bacterium that causes diarrhea and potentially life-threatening colon inflammation, has emerged as a result of antibiotic therapy with fluoroquinolones, such as ciprofloxacin. A stool culture confirms the diagnosis. Medications that treat a *C. difficile* infection include fidaxomicin, metronidazole, and vancomycin.)

A home health nurse manager is assisting in the implementation of an electronic medical record system for client care. Which of the following actions should the nurse manager take to promote interoperability? - ✓✓ANSW✓✓..Recommend a single coding system for each department to use.

(The nurse manager should recommend a unified coding system for each department to use when documenting in the EMR system. This use of a single coding system ensures that data is shared accurately among interprofessional departments and that each department's system is able to process that coded information. This continuity of shared data and the ability to use the data is referred to as interoperability.)

A nurse is reviewing the medication administration record of a client who is 2 days postoperative following abdominal surgery. The nurse should identify that which of the following medications can result in delayed wound healing? - ✓✓ANSW✓✓..Prednisone

(The nurse should identify that taking prednisone can result in delayed wound healing. Prednisone is a corticosteroid used in the treatment of inflammatory disorders. It can mask the manifestations of infection due to its ability to impair the inflammatory

response. Other medications, such as anticoagulants and broad-spectrum antibiotics, can also play a role in delayed wound healing.)

A nurse is preparing to contact a client's provider regarding the need for a prescription for pain medication. When using the Situation, Background, Assessment, Recommendation (SBAR) communication tool, the nurse should provide which of the following information in the assessment portion of the tool? - ✓✓ANSW✓✓.."The client is in audible distress and rates her pain as an 8 on a scale from 0 to 10."
(Assessment data regarding the client's current pain level is information the nurse should include in the assessment portion of the SBAR communication tool.)

A nurse is preparing to administer morphine 5 mg IM from a 10 mg/mL vial to help manage a client's acute pain. Which of the following actions should the nurse plan to take after administering a controlled substance? - ✓✓ANSW✓✓..Have a second nurse witness and initial the disposal of the remaining medication.
(When nurses administration a portion of a vial's amount of a controlled substance, they must discard the rest safely, such as by injecting it out of the syringe into a sink or toilet, while a second nurse witnesses the first nurse discarding it. The second nurse must then initial the waste of the medication in the client's medication administration record.)

A nurse is teaching a young adult female client about health screening for breast cancer. Which of the following statements by the client indicates an understanding of breast self-examination (BSE)? - ✓✓ANSW✓✓.."I should expect to feel a firm ridge along the bottom curve of each breast."
(The nurse should instruct the client at a firm ridge is expected along the bottom curve of each breast. The client should be able to feel this area during the BSE. Performing a BSE promotes breast self awareness so that the client knows how her breast normally feel. The awareness increases the clients ability to identify changes that require further evaluation.)

A nurse is caring for an adolescent who is in critical condition following a motor vehicle crash which he was the passenger. The clients parent shout at the nurse, asking why her son is dying instead of the driver. Which of the following actions should the nurse take to provide emotional support to the parent? - ✓✓ANSW✓✓..Inform the parent that anger is a natural response when dealing with loss.
(The nurse should identify that the parent is in the anger stage of grief. The nurse should assist the parent to understand that anger is a natural response to loss and encourage her to talk about her feelings.)

A nurse is teaching an older adult client about accessing electronic resources for healthcare information on the internet. Which of the following statements should the nurse include in the teaching? - ✓✓ANSW✓✓.."Websites ending in '.gov' are reliable sites for obtaining health information from government agencies."

(The nurse should teach the client how to select reliable internet websites when researching health care information. The nurse should identify that websites ending in '.gov' and '.edu' are considered reliable and credible sources for health information. Websites ending in '.com' should not be used for researching credible healthcare information.)

A nurse enters a clients room and finds the client lying on the floor. The client states that on the way to the bathroom her "knee locked," causing her to fall. Which of the following actions should the nurse take first? - ✓✓ANSW✓✓..Check the client for injuries.

(The first action the nurse should take when using the nursing process is to assess the client. The nurse should first check the client for injuries and measure vital signs to help determine physiologic stability. The nurse should also inform the provider of the clients fall and of the assessment findings.)

A nurse is teaching a client who has rheumatoid arthritis about chronic pain management. Which of the following statements by the client indicates an understanding of the teaching? - ✓✓ANSW✓✓.."I should use a warm paraffin dip for my hands and feet."

(The nurse should instruct the client to dip her hands and feet in warm paraffin to alleviate pain and stiffness. The client can more easily perform hand and finger exercises following the treatment.)

A community health nurse is planning prevention strategies for hypertension among members of her community. The nurse should identify that which of the following ethnic groups in the community is at greatest risk of developing hypertension? -

✓✓ANSW✓✓..African American

(Evidence-based practice indicates that individuals of AA ethnicity have the highest prevalence of hypertension. Therefore, the nurse should identify community members of this ethnicity are at greatest risk of developing hypertension.)

A nurse is preparing to extinguish a small fire in a clients room. Which of the following actions should the nurse take when using the fire extinguisher? - ✓✓ANSW✓✓..Slide the pin on top of the fire extinguisher straight out.

(The nurse should pull the pin on top of the fire extinguisher to allow for use to extinguish the fire.)

A nurse is preparing to administer intermittent external nutrition via a clients NG tube. In which order should the nurse take the following actions? - ✓✓ANSW✓✓..1. Assist the client to an upright position.

2. Aspirate 5 mL of gastric contents.

3. Test the pH of gastric aspirate.

4. Measure gastric residual volume.

5. Flush the NG tube with 30 mL of water.

(First, the nurse should assist the client into high Fowler's position or raise the HOB at least 30 degrees to help prevent aspiration. Then, the nurse should verify the tubes