

Solution Manual For

Maternity and Women's Health Care (Maternity & Women's Health Care) 13th Edition by Deitra Leonard Lowdermilk

Chapter 1-37

TEACH FOR NURSES LESSON PLAN

Chapter 01: 21st Century Maternity and Women's Health Nursing

CHAPTER OBJECTIVES

1. Describe the scope of maternity and women's health nursing.
2. Evaluate contemporary issues and trends in maternity and women's health care.
3. Examine social concerns in maternity nursing and women's health care.
4. Integrate evidenced-based practice into care management.
5. Explain risk management and standards of practice in the delivery of maternity and women's health nursing care.
6. Discuss legal and ethical issues in perinatal nursing.
7. Examine Healthy People 2030 goals related to maternal and infant care.

STUDENT RESOURCES

apply

- Case Studies (Evolve)
- Review Questions (Evolve)

INSTRUCTOR RESOURCES

before class

- Nursing Curriculum Standards (below)

in class	• PowerPoint Presentations (Evolve) • Image Collection (Evolve) • Learning Activities (below) • Discussion Topics (below) • In-Class/Online Case Study (below)
after class	• Test Bank (Evolve)

TEACHING STRATEGIES		
Content Focus	Content Highlights	Learning Activities
ADVANCES IN THE CARE OF WOMEN AND INFANTS EFFORTS TO REDUCE HEALTH DISPARITIES	Have students look around the classroom and note the cultural diversity, or lack thereof, of the students. Ask the students to share if they've ever had issues with obtaining medical care. Review the main points of the HHS Disparities Action Plan.	• Research and Writing Activity: Review Box 1.1 with students, and have them choose one of the milestones to research further and write a 2-page paper to present to the class. Discuss how the milestones have influenced current nursing care.
CONTEMPORARY ISSUES AND TRENDS <i>Healthy People 2030 Goals</i> Global Goals Integrated Health Care Interprofessional Care Management Problems with the US Health Care System	Review Box 1.2 and Box 1.3, and compare the objectives for Healthy People 2030 with the objectives for Healthy People 2020. Discuss the changes and additions and the reasons for them. Evaluate whether goals from 2020 were met. Identify potential evidence-based strategies that might be helpful in more completely meeting these goals. Discuss how the 17 Sustainable Development Goals are relevant to health care in the United States. Review the Interprofessional Education Collaborative and discuss several institutions that have taken the initiative to encourage an interprofessional learning	• Online Activity: Have students access www.healthypeople.gov and get a feel for the website. Have them choose a webinar to watch that they feel would be relevant to nursing care, and report on the webinar. • Online Activity: Have students access the 17 Sustainable Development Goals at https://www.undp.org/content/undp/en/home/sustainable-development-goals.html and find more specific information about the development goals. • Discussion Topic: After reading the 17 SDGs, discuss the steps the UN is planning in order to reach these goals. Is this information provided on the website? If so, what concrete actions are being encouraged? Discuss how it is possible that the problem of child mortality is still such an issue that it has been classified as a UN goal along with

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Health Literacy	environment. Table 1.1 lists selected safe practices for better health care. Review Box 1.4 for serious reportable events pertaining to maternal and child health. Involve students in a discussion of medical errors—types of errors, how they occur, and measures to prevent them. Distribute the 20 Tips to Help Prevent Medical Errors Patient Fact Sheet and solicit student input on the tip they think is the most important. Bring in a health care document, such as a HIPAA Privacy Practices form or a Patient Rights form, and have students “translate” the forms into everyday language, eliminating the jargon.	reducing world hunger. • Activity: Have each student bring in a form from their institution that needs to be revised for better patient understanding. Have students trade forms with each other, reword the forms, and return them to the student that brought them, who will then review the new form for accuracy. • Activity: Have students research their local health institutions in regard to the level of quality of care provided.
TRENDS IN FERTILITY AND BIRTH RATE Low Birth Rate and Preterm Birth Infant Mortality Trends Global Infant Mortality Trends Maternal Mortality Trends Maternal Morbidity REGIONALIZATION OF PERINATAL HEALTH CARE SERVICES	Review Box 1.5 for maternal-infant biostatistical terminology. Compare local biostatistical rates with national and state rates and trends. Compare national biostatistical rates and trends with several other countries (e.g., Canada, Mexico). Include industrialized and developing countries in the comparison. Identify factors that could be responsible for differences in rates and trends, including approaches to perinatal and women’s health care. Invite a provider of obstetric specialty care to speak to the class about the services he or she provides. Provide specific examples of high-tech care in the hospital and at home. Arrange for students to observe nurses involved in	• Activity: Have students investigate the types of childbirth options available in their community and compare their findings with the trends and changes described in this chapter. Have them identify options that they feel should be made available in their community, providing the rationale for their suggestions • Discussion Topic: Have students consider the following topic: Have changing childbirth practices had a positive influence on women’s perceptions of their childbirth experiences? Have students gather information for their answer by interviewing women who recently gave birth (their clients, family members, friends) and those who gave birth many years ago, comparing their experiences and the impressions they have of their children’s births. • Online Activity: Have students research female genital mutilation (FGM) and infibulations. Have them develop a care plan for a woman who has experienced this. • Interview Activity: Have students survey 20 random women over 40 and ask if they have had a mammogram and a pap smear in the last year. If they did not have these tests, have students ask them why

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Basic Care Specialized Care INTERNET-BASED TECHNOLOGIES Telehealth Social Media COMMUNITY-BASED CARE BIRTHING PRACTICES INVOLVING CONSUMERS AND PROMOTING SELF-MANAGEMENT GLOBAL CONCERNS	high-tech care in various settings. Discuss the influence of telehealth and social media on health care. Review Box 1.6 for principles of social networking and the nurse. Invite a nurse-midwife to discuss how his or her approach to care for pregnant women and their families differs from that of a physician. Request that the nurse-midwife give a description of the care management process used to provide health care to pregnant women and their families. Review Table 1.2 for different types of midwives. Review the Next-Generation NCLEX® Case Study. Describe settings in your community where nurses provide health care to women and their infants. Discuss what factors affect women's health, focusing on race, socioeconomic status, and age. Examine the problem of human trafficking. Discuss where the highest incidence occurs. Invite a representative from the Department of Health and Human Services or from the Department of Justice to speak to the class about trafficking prevention and reporting. Provide students with a listing of nursing schools that are World Health Organization Collaborating Centers. Discuss the criteria that must be met to qualify for this designation.	not. Have students note the race and socioeconomic status of their survey sample, if possible, and report their findings back to the class. Discuss whether the results support the information in the text.
TRENDS IN NURSING PRACTICE	Review the Cochrane Pregnancy and Childbirth Database. Discuss how it can be used to improve the effectiveness of care provided to women, infants,	• Online Activity: Have students access the Joanna Briggs Collaboration at www.joannabriggs.org and review the information provided on evidence-based practice.