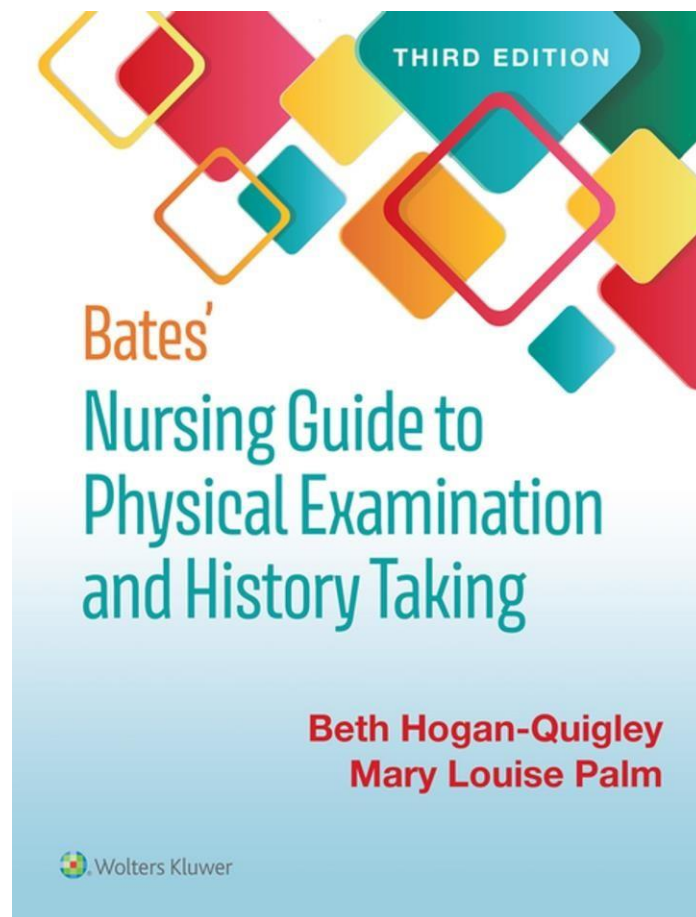


# TEST BANK

**Bates' Nursing Guide to Physical Examination and History Taking 3rd Edition Hogan-Quigley Test Bank**



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1. During an assessment, a patient states the importance of spending quality time with family and friends. The nurse would document this information as fulfilling which facet of the patient's health?
- A) ***Social well-being***
  - B) Developmental level
  - C) Spiritual influences
  - D) Cultural influences
2. The nurse is conducting a health assessment with a patient. What will the nurse do when completing this health assessment? (Select all that apply.)
- A) ***Complete the health history.***
  - B) Interpret findings.
  - C) Formulate a plan of care
  - D) Implement a plan of care.
  - E) ***Conduct a physical examination.***
3. Before beginning a health assessment with a patient, the nurse reviews Healthy People 2020 because:
- A) It helps determine the patient's plan of care.
  - B) It serves as a guide for the health assessment.
  - C) ***It identifies risk factors, health issues, and diseases.***
  - D) It lists specific interventions to address most patient health problems.
4. After completing a health history, the nurse determines that a patient would benefit from interventions to address the Healthy People 2020 indicator prevalence and mortality of chronic disease. What did the nurse assess in this patient? (Select all that apply.)
- A) Body mass index overweight
  - B) ***History of hypertension***
  - C) Currently without health insurance
  - D) ***Diagnosed with heart disease***
  - E) ***Previous treatment for skin cancer***
5. The nurse is following a structured head-to-toe approach to identify changes in a patient's body systems. Which component of the health assessment is the nurse completing with the patient?
- A) Health history
  - B) ***Physical examination***
  - C) Goal setting
  - D) Planning care

6. While conducting the health assessment, the nurse instructs the patient about secondary prevention activities. What did the nurse most likely teach this patient?
- A) Immunizations recommended for the patient's age
  - B) Consistent use of seat belts when in a motor vehicle
  - C) Importance of annual vision examinations
  - D) *The need for annual mammograms***
7. The nurse is preparing to conduct a health assessment with a patient. What will be the nurse's initial role when caring for this patient?
- A) Teaching
  - B) Planning care
  - C) *Collecting data***
  - D) Identifying interventions
8. During the assessment of vital signs, a hospitalized patient demonstrates confusion and asks how the nurse gained access to the patient's home. The nurse recognizes this change as being in which facet of the patient's health?
- A) *Mental***
  - B) Physical
  - C) Spiritual
  - D) Social
9. From data collected during the health assessment, the nurse determines that a patient would benefit from smoking cessation information. What would be the best approach for the nurse to take when teaching smoking cessation to this patient?
- A) *Discuss with the patient if smoking cessation is a goal the patient may have.***
  - B) Explain the detrimental effects of smoking on the entire body.
  - C) Remind the patient that smoking is a modifiable risk factor for health problems.
  - D) Tell the patient that smoking is expensive and is harmful to the body.
10. During a health assessment, the nurse learns that an adolescent is sexually active. What can the nurse instruct the patient to support the Healthy People 2020 indicator of responsible sexual behavior?
- A) *The importance of using a condom with sexual activity***
  - B) The importance of abstaining from sexual activity until marriage
  - C) The frequency of being tested for sexually transmitted infections
  - D) The percentage of adolescents who are HIV positive

## **Answer Key**

- 1.A
- 2.A, E
- 3.C
- 4.B, D, E
- 5.B
- 6.D
- 7.C
- 8.A
- 9.A
- 10.A

- 
1. The nurse is working with a patient to identify health goals and interventions to achieve the goals. In which phase of the nursing process are the nurse and patient participating?
    - A) Assessment
    - B) Diagnosis
    - C) *Planning***
    - D) Evaluation
  
  2. The nurse is changing a patient's plan of care because identified goals have not been achieved. The nurse is working within which phase of the nursing process?
    - A) Assessment
    - B) Planning
    - C) Implementation
    - D) *Evaluation***
  
  3. During an assessment, the nurse asks a patient with low back pain what has been used to try to alleviate the pain. The nurse is asking questions to determine which category of the mnemonic OLD CART?
    - A) *Treatments***
    - B) Duration
    - C) Location
    - D) Onset
  
  4. The nurse is completing an assessment of a patient with cardiac and respiratory problems. Which data would the nurse categorize as subjective?
    - A) Blood pressure 168/94 mm Hg
    - B) Respiratory rate 28 and shallow
    - C) Heart rate 94 and irregular
    - D) *Palpitations every morning***
  
  5. After completing an assessment, the nurse is generating the patient's problem list. Which problem would have the highest priority for the patient?
    - A) *Shoulder pain***
    - B) Insomnia
    - C) Anxiety about work
    - D) Lack of appetite
  
  6. The nurse has identified that a patient has 24 health issues to be included on the problem list. What can the nurse do to help focus on the patient's most acute health care needs first?
    - A) Place the problems in alphabetical order.