

**COMPREHENSIVE FAMILY NURSE  
PRACTITIONER (FNP) CERTIFICATION EXAM  
PREPARATION TEST BANK: ADVANCED  
CLINICAL PRACTICE QUESTIONS AND  
RATIONALES FOR BOARD REVIEW SUCCESS**

A 63-year-old patient with a 10-year history of poorly controlled hypertension presents with a cluster of physical exam findings. Which of the following indicate target organ damage commonly seen in hypertensive patients?

- A) Pedal edema, hepatomegaly, and enlarged kidneys
- B) Hepatomegaly, AV nicking, bibasilar crackles
- C) Renal infection, S3, neuromuscular abnormalities
- D) Glaucoma, jugular vein atrophy, heart failure - --- **CORRECT ANSWER IS>>>--B) Hepatomegaly, AV nicking, bibasilar crackles**

With long-term, uncontrolled hypertension, organ damage may occur. Organs commonly affected include: brain (stroke), eyes (retinopathy, AV nicking, bleeding, blindness), heart (heart disease, left ventricular hypertrophy, MI, and/or CHF), and kidneys (renal failure, proteinuria).