

TEST BANK FOR

Psychotherapy for the Advanced Practice Psychiatric Nurse: A How-To Guide for Evidence-Based Practice (3rd Edition) by Kathleen Wheeler — covering Chapters 1–24

All 24 Chapters

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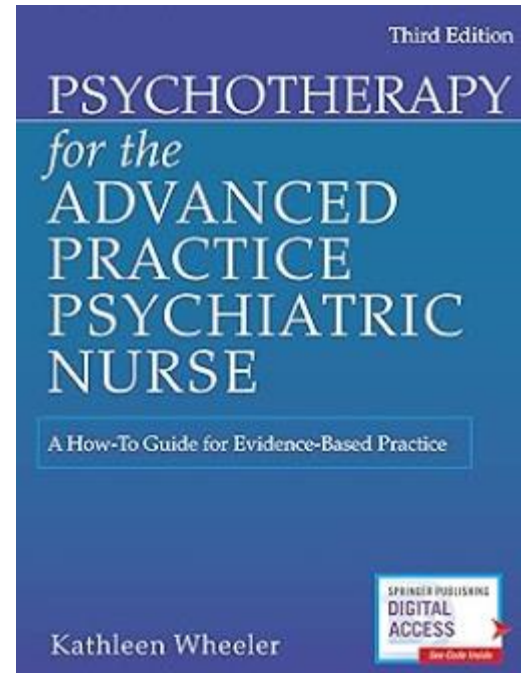
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Psychotherapy for the Advanced Practice Psychiatric Nurse, Third Edition: A How-To Guide for Evidence- Based Practice 3rd Edition Test Bank.

Chapter 1. The Nurse Psychotherapist and a Framework for Practice

The nurse's new job description at the generalist level of practice reflects the definition of psychiatric mental health nursing and the psychiatric mental Health Nursing Standards of Practice (ANA, APNA, ISPN). In which of the following areas might the nurse plan programs and intervention to fulfill employment expectations?

Standard Text: Select all that apply.

1. Stress management strategies
2. Early diagnosis of psychiatric disorders
3. Parenting classes for new parents
4. Family and group psychotherapy
5. Medication teaching for anti-anxiety medications

COMPLETE ANSWERS: 1,3,4,5

Rationale 1: Stress management strategies address health, wellness, and care of mental health problems and are appropriate for psychiatric mental health nursing at the generalist level of practice.

Rationale 2: Early diagnosis of psychiatric disorders is generally not consistent with the definition or practice of psychiatric mental health nursing especially at the generalist level.

Rationale 3: Parenting classes for new parents provide teaching that is consistent with the prevention of mental health problems and is consistent with psychiatric mental health nursing at the generalist level of practice.

Rationale 4: Family and group psychotherapy is consistent at the advanced practice registered nurse level but

not the generalist level.

Rationale 5: Medication teaching for anti-anxiety medications promotes quality of care for persons with psychiatric disorders and is vital for psychiatric mental health nursing practice at the generalist level of practice.

Global Rationale:

Cognitive Level: Applying

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome: Apply knowledge of current practice and professional performance standards to the delivery of contemporary psychiatric mental health nursing.

Question 2 Type: MCSA

The nurse is serving on a committee charged with reviewing the roles and responsibilities of the nurses on the psychiatric unit. Which publication should the nurse bring to the first meeting?

1. Diagnostic and Statistical Manual of Mental Disorders
2. American Nurses Credentialing Center certification requirements
3. American Nurses Association, Code of Ethics
4. psychiatric mental Health Nursing Standards of Practice

COMPLETE ANSWERS: 4

Rationale 1: The psychiatric mental Health Nursing Standards of Practice delineates psychiatric mental health nursing roles and functions and serves as guidelines for providing quality care. The Diagnostic and Statistical Manual of Mental Disorders is used by the mental health care team, particularly the psychiatrist, to diagnose clients with mental disorders and is not specific to nursing care issues. The Code of Ethics helps to clarify right and wrong actions by the nurse, but does not clarify roles and nursing care actions. Certification requirements outline steps toward certification that acknowledge knowledge and expertise, but do not delineate roles and responsibilities.

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Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Evaluation

Learning Outcome: Apply knowledge of current practice and professional performance standards to the delivery of contemporary psychiatric mental health nursing.

Question 3

Type: MCSA

The psychiatric mental health nurse reflecting on professional role activities is referred to the standards of professional performance by a colleague. To which organization should the nurse look for guidance?

1. North American Nursing Diagnosis Association