Study Guide for ATI RN Comprehensive Predictor Exam 2024 Review

1. Lyme Disease - Home Health Nurse Action

- **Question**: What action should the nurse take for a child with Lyme disease?
- Correct Answer: Notify the state health department.
- **Rationale**: Lyme disease is reportable to the state health department in many states.

2. Alcohol Use Disorder - Client Symptoms

- **Question**: Which actions should the nurse take for a client with alcohol use disorder?
- Correct Answers:
 - Provide frequent rest periods.
 - Restrict sodium intake.
 - Avoid soap and alcohol-based lotions.
 - Assess the client's orientation.
 - Place the client under contact isolation.
- **Rationale**: These interventions address complications related to liver disease and prevent infections.

3. NG Tube Malfunction

- **Question**: What should the nurse do first when a client with a vented NG tube vomits?
- **Correct Answer**: Evaluate the functioning of the suction device.
- **Rationale**: Ensuring the NG tube works properly is the first priority to resolve vomiting.

4. CPM Device Electrical Safety

- Question: What is the first step when a nurse notices a frayed electrical cord on a CPM device?
- **Correct Answer**: Remove the device from the room.

• **Rationale**: Frayed cords pose an immediate safety risk and must be removed to prevent injury.

5. Sterile Field and Pouring Sterile Solution

- **Question**: How should the nurse pour a sterile solution?
- **Correct Answer**: Hold the irrigation solution bottle with the label facing away from the palm of the hand.
- **Rationale**: This prevents contamination of the bottle's label.

6. Seizure Precautions

- **Question**: Which action is essential when a client is in seclusion for safety due to risk of harm to others?
- **Correct Answer**: Document the client's behavior prior to seclusion.
- **Rationale**: Seclusion is carefully regulated and should be accompanied by thorough documentation to ensure safety and appropriateness of the intervention.

7. Vancomycin IV Administration

- Question: A client asks to receive vancomycin 2 hours early. What should the nurse do?
- **Correct Answer**: I have up to 2 hours after the usual schedule time to administer the medication.
- **Rationale**: Vancomycin has a specific administration schedule, but there is a grace period within which it can be given, as long as it's within the specified timeframe.

8. NG Tube Functionality

- **Question**: What should the nurse check first when a client with a vented NG tube vomits?
- **Correct Answer**: Check the functioning of the suction device.

• **Rationale**: Ensuring proper function of the NG tube is critical to avoid complications like aspiration and to manage vomiting.

9. Glasgow Coma Scale (GCS) Rating

- **Question**: A client has a GCS score of 15 following a motor vehicle crash. What should the nurse expect?
- Correct Answer: The client is oriented times three.
- **Rationale**: A GCS score of 15 represents full consciousness, with the client oriented and responsive.

10. Kidney Donation Contraindications

- **Question**: A client asks about kidney donation. What condition should be a contraindication for donation?
- Correct Answer: Hypertension.
- **Rationale**: Hypertension can affect long-term kidney function and thus disqualifies a person from donating.

11. Skin Assessment in Dark-Skinned Clients

- **Question**: Where should a nurse assess for cyanosis in a client with dark skin?
- Correct Answer: Palms of the hands.
- **Rationale**: Cyanosis is best assessed in areas of thinner skin, such as palms and soles, where pigmentation is lighter.

12. First Action for Tachypnea in a Client with a Hip Fracture

- **Question**: A client with a hip fracture develops tachypnea. What should the nurse do first?
- **Correct Answer**: Assess the client for a pulmonary embolism.
- **Rationale**: Tachypnea in the context of immobility or fracture could signal a pulmonary embolism, a life-threatening condition requiring immediate intervention.

13. Evaluating Total Parenteral Nutrition (TPN)

- **Question**: What is the best way to assess the effectiveness of a paracentesis in a client?
- Correct Answer: Compare the client's weight before and after the procedure.
- **Rationale**: Comparing weights helps gauge the volume of fluid removed and the procedure's success in reducing ascites.

14. Medication for Pain Relief with Enoxaparin

- **Question**: Which pain medication is safe for use with enoxaparin?
- Correct Answer: Acetaminophen.
- **Rationale**: Acetaminophen is the safest choice as NSAIDs increase bleeding risk when taken with anticoagulants like enoxaparin.

15. Nurse Action for Client Who Refuses ECT

- **Question**: What should the nurse say to a client who expresses doubts about proceeding with electroconvulsive therapy (ECT)?
- Correct Answer: "It's okay to be nervous before this treatment."
- **Rationale**: The nurse should validate the client's feelings without exerting pressure, respecting their autonomy while providing emotional support.

16. Valsartan Overdose

- Question: What is the priority action after giving 160 mg of valsartan (instead of 80 mg)?
- Correct Answer: Evaluate for orthostatic hypotension.
- **Rationale**: Valsartan can cause hypotension, especially in overdose, so monitoring for it is a priority.

17. Pregnant Adolescent with Financial Concerns

• **Question**: What action should a nurse take for a pregnant adolescent worried about affording care?