

# ATI RN MENTAL HEALTH ASN 1



Custom: Mental Health Important Topics ASN 1

CLOSE

Question: 1 of 201

Time Remaining: 16:37:53  
Pause Remaining: 00:05:00

PAUSE



FLAG

A nurse is reviewing medication records for several clients who have bipolar disorder. The nurse should recognize that which of the following medications are used to treat clients who have bipolar disorder? (Select all that apply.)



Paroxetine

Lithium

Donepezil

Valproate

Carbamazepine

CONTINUE



**Question: 2 of 201**

Time Remaining: 16:36:25  
Pause Remaining: 00:05:00



A nurse notices that a client who has moderate anxiety is pacing the hall and mumbling. As the nurse approaches the client, he states, "I am at the end of my rope. I don't think I can take any more bad news." Which of the following responses should the nurse make?



- "Most clients with anxiety issues benefit from lying down."
- "Come with me to an area where we can talk without interruption."
- "Providers usually recommend relaxation exercises for clients who are as upset as you are."
- "An antianxiety pill works best for situations like this."





Question: 3 of 201

Time Remaining: 16:36:02  
Pause Remaining: 00:05:00



A nurse is caring for a newly admitted client who has obsessive-compulsive disorder (OCD). Which of the following actions should the nurse take first?



- Discuss alternative coping strategies with the client.
- Identify precipitating factors for ritualistic behaviors.
- Instruct the client on relaxation techniques for use when anxiety increases.
- Provide a structured activity schedule for the client.





Question: 4 of 201

Time Remaining: 16:35:44  
Pause Remaining: 00:05:00



A nurse is assessing a client who is experiencing chronic stress. Which of the following findings should the nurse expect?



- Hypotension
- Viral infection
- Increased energy
- Increased cognitive awareness

