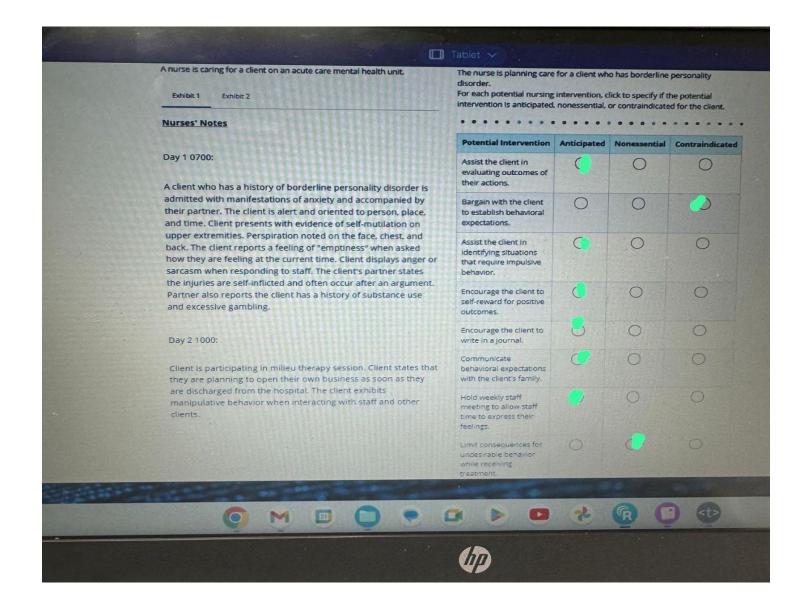
# RN ATI MENTAL HEALTH ASSESSMENT 2023

QUESTION 1 OF 70



A nurse is caring for a client on an acute care mental health unit.

#### **Nurses' Notes:**

#### Day 1 0700:

A client who has a history of borderline personality disorder is admitted with manifestations of anxiety and accompanied by their partner. The client is alert and oriented to person, place, and time. The client presents with evidence of self-mutilation on upper extremities. Perspiration noted on the face, chest,

and back. The client reports a feeling of "emptiness" when asked how they are feeling at the current time. The client displays anger or sarcasm when responding to staff. The client's partner states the injuries are self-inflicted and often occur after an argument. Partner also reports the client has a history of substance use and excessive gambling.

#### Day 2 1000:

Client is participating in milieu therapy session. Client states that they are planning to open their own business as soon as they are discharged from the hospital. The client exhibits manipulative behavior when interacting with staff and other clients.

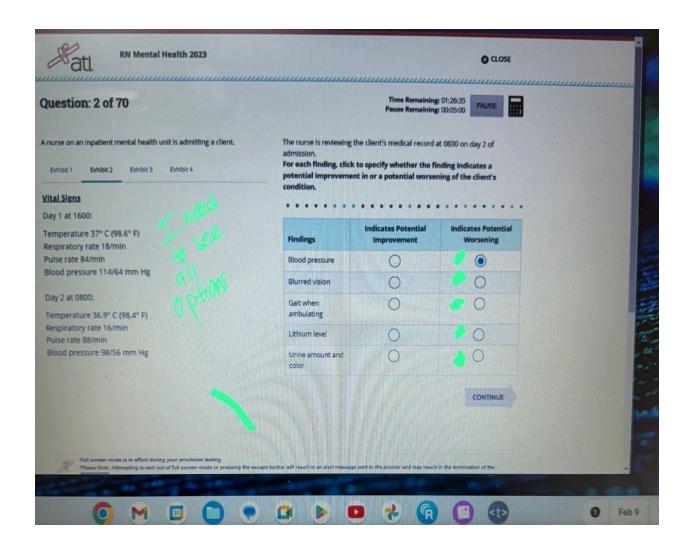
For each potential nursing intervention, click to specify if the potential intervention is anticipated, nonessential, or contraindicated for the client.

Potential Intervention	<b>Anticipated Nonessential Contraindicated</b>
Assist the client in evaluating outcomes of their actions.	<b>✓</b>
Bargain with the client to establish behavioral expectations.	✓
Assist the client in identifying situations that require impulsive behavior.	<b>√</b>
Encourage the client to self-reward for positive outcomes.	<b>✓</b>
Encourage the client to write in a journal.	<b>✓</b>
Communicate behavioral expectations with the client's family.	
Hold weekly staff meeting to allow staff time to express their feelings.	<b>✓</b>
Limit consequences for undesirable behavior while receiving treatment.	$\checkmark$

#### **Explanation:**

Anticipated interventions should focus on assisting the client with evaluating their behavior and promoting

healthy coping strategies. Bargaining and limiting consequences for undesirable behavior are contraindicated in borderline personality disorder due to the risk of reinforcing manipulative behavior.



## Question 2 of 70

A nurse on an inpatient mental health unit is admitting a client.

### **Vital Signs:**

#### • Day 1 at 1600:

Temperature: 37°C (98.6°F)

Respiratory rate: 18/min

Pulse rate: 84/minBlood pressure: 114/64 mm Hg

Day 2 at 0800:

Temperature: 36.9°C (98.4°F)

Respiratory rate: 16/min

o Pulse rate: 88/min

Blood pressure: 98/56 mm Hg

The nurse is reviewing the client's medical record at 0830 on day 2 of admission.

For each finding, click to specify whether the finding indicates a potential improvement or a potential worsening of the client's condition.

Findings	Indicates Potential Improvement Indicates Potential Worsening
Blood pressure	
Blurred vision	$\overline{\checkmark}$
Gait when ambulating	$\overline{\checkmark}$
Lithium level	$\overline{\checkmark}$
Urine amount and colo	r 🔽

### **Explanation:**

Each finding indicates a potential worsening of the client's condition, as all the signs suggest possible clinical deterioration.