

APEA 3P EXAM QUESTIONS AND ANSWERS 2024-2025

To locate the twelfth rib, palpate: - Between the spine and the lateral chest

Walking on the toes and heels may reveal: - Distal muscular weakness in the legs

When performing a bimanual exam of the vagina, the examiner should lubricate the index and middle fingers of a gloved hand. From a standing position, the fingers should be inserted into the vagina while exerting pressure primarily - Posteriorly

During pregnancy, which hormone results in increased blood viscosity? - Erythropoietin

Resting tremors refer to those tremors that disappear: - With voluntary movement

A patient presents with complaints of bright red stools over the past week. This symptom could be consistent with: - Cancer of the sigmoid colon

Mydriasis is a term used to describe: - Dilation of the pupils

When performing a musculoskeletal exam on a patient with mechanical low back pain, osteoporosis is suspected. Positive findings would include all of the following except: - Calf wasting

Which stage of pressure is consistent with findings on dermatologic examination of a full thickness tissue loss and subcutaneous fat visible with mild slough on the right hip? - Stage III

The vertebral column angles sharply posteriorly and becomes immovable at the: - Lumbosacral junction

Which one of the following is at the HIGHEST risk for suicide? - A 52-year-old white man

When auscultating heart sounds arising from the aortic valve in an adult patient, place the stethoscope: - Between the 2nd and 3rd intercostal spaces at the right upper sternal border

Pain and crepitus over the patella suggests - Roughening of the patellar undersurface

Which one of the following findings is NOT typical in a patient who has

delirium? - Intact attention and concentration

Men between the ages of 40 and 64 years should be screened yearly for: - hypertension

A term used to describe drainage from the nose is: - Rhinorrhea

Tenderness over the scapulothoracic muscle group with the inability to abduct the arm above the shoulder level would be consistent with all of the following except - Synovitis of the glenohumeral joint

In the older adult, the test for leg mobility is known as the: - Timed "get up and go test"

Which one of the following procedures would confirm a definitive medical diagnosis of Hirschsprung's disease? - A rectal biopsy

Hypofunctioning of the thyroid gland would lead to all the following disorders except: - Graves' disease

The fleshy projection of the earlobe is known as the: - Lobule

A 50-year-old male describes difficulty emptying his bladder. On exam, a distended bladder is noted following urination. This finding may be associated with - Overflow incontinence

When performing an examination of the external genitalia of a female patient, a small firm, round cystic nodule in the labia is identified. This lesion is most consistent with: - Epidermoid cyst

Passive flexion, varus stress, and external rotation of the lower leg evaluates the: - Medial meniscus

When examining the knee, swelling above and adjacent to the patella was noted. This finding could be suggestive of: - Synovial thickening over the knee joint

When examining the skin, multiple areas of circumscribed elevations of the skin filled with serous fluid measuring approximately 0.5cm were noted. These types of lesions could be seen in: - a. Herpes simplex or varicella

The principal muscles involved when closing the mouth are innervated by which cranial nerve? - a. Cranial nerve V (Trigeminal)

The structure that creates a channel for the vertebral artery is known as the: - Transverse Foramen

Which of the following is NOT a compliant patient with type 1 diabetes? - Polycythemia

When suspecting pediculosis capitis, the chief complaint is: - Itching

The structure that appears as the large swelling posteriorly on the superior ramus of the ischium and bears most of the weight in sitting, is known as the: - Ischial tuberosity

When percussing the posterior chest, which one of the following techniques would be omitted? - Percuss areas over the scapulae

On examination of the pupils, both are round but the right pupil appears larger than the left and reacts much slower to light. This condition may be indicative of: - A tonic pupil

During the type of seizure activity, the patient experiences partial seizures that resemble tonic-clonic seizures. The patient may recall the aura and unilateral neurologic deficit is present during the postictal period. This type of seizure activity is referred to as a: - focal seizure that becomes generalized

A female patient complains of weakness in both arms when transferring the wet clothes from the washer and placing them in the dryer. This finding could be suggestive of which type of weakness pattern? - Symmetric

To palpate the right ovary when performing the bimanual vaginal exam, the abdominal hand should be on the right lower quadrant and the pelvic hand needs to be: - In the right lateral fornix

A serious disturbance in a person's mental abilities that results in a decreased awareness of one's environment and confused thinking is referred to as: - Delirium

Which of the following screening tests for hearing loss can detect both sensorineural and conductive hearing loss? - Weber test

Located on the anterior aspect of the distal femur, the patella slides on this groove during flexion and extension of the knee. The name of this groove is the: - Trochlear groove

A 86-year-old man with uncontrolled hypertension presents with sudden, intense left lower abdominal pain that radiates to the back. The pain is associated with a tearing sensation. These findings are MOST likely associated with: - An abdominal aortic aneurysm (AAA)

Ophthalmoscopic examination reveals dark specks noted between the fundus and the lens. These specks are most likely: - Vitreous floaters

When performing the first Leopold maneuver on a pregnant woman, if the buttocks and head are not easily palpated at the fundus, the fetus is said to be

in: - Transverse lie

When performing a musculoskeletal examination, the nurse practitioner instructs the patient to move his arm in front of his body. This motion of the shoulder girdle would be an example of: - Flexion

While assessing the cranial nerves, the NP touches the cornea lightly with a wisp of cotton. This maneuver assesses which cranial nerve? - Cranial nerve V, Trigeminal

The NP instructs the patient to look over one shoulder, then the other. This maneuver would assess cervical: - Rotation

During a speculum exam of the cervix the speculum is maintained in an open position by: - Gently tightening the thumb screw on the speculum

The NP is examining the elbow of a 16-year-old male athlete. Increased pain is noted when he tries to extend his wrist against resistance. This finding is most consistent with: - Lateral epicondylitis

Which examination finding is defined as a congenital ventral displacement of the meatus on the penis? - Hypospadias

Bowel sounds may be increased in the presence of: - early intestinal obstruction

Eversion of the upper eyelid can be performed by placing the cotton applicator on the upper lid above the level of the internal tarsal plates and then: - Gently pull down the lid
Cystoscopy

The axioscapular group of muscles include which one of the following? - Trapezius

A mental health condition characterized by over-the-top behavior such as emotional outbursts, noisy displays of temper, compulsive attention seeking and self-centered actions is: - Histrionic

Social phobia, panic disorder, and post-traumatic stress disorder (PTSD) are all examples of: - Generalized anxiety disorder (GAD)

In older adults, the presence of heart sound S3 suggests: - Heart failure

Depigmented macules appearing on the face, hands, feet, and other parts of the body due to the lack of melanin are termed: - Vitiligo

Restrictions of internal and external rotation of the hip are sensitive indicators of: - Arthritis